

# Saturday September 6, 2014





## Lunch

Chicken w/Vegetables & Pasta

Sloppy Joes

Potato Corn Chowder *Lacto Vegetarian*

Vegan Sloppy Joes *Vegan*

Item	Calories	Sodium	Protein	Fat	Carbs	Cholesterol	Fiber
Chicken w/ Vegetables & Pasta 	260	670mg	18g	7g	30g	35mg	2g
Sloppy Joes 	300	540mg	20g	10g	33g	37mg	1g
Potato Corn Chowder 	136	152mg	6g	4g	19g	10mg	4g
Vegan Sloppy Joes 	242	675mg	11g	6g	36g	0mg	3g